



**BLUE LIGHT**



**BLUE LIGHT**

For medical supplies

# Male Sexual Massager

INSTRUCTIONS FOR USA  
EA-C13M

TEL:01226544449



# BLUE LIGHT

First, we would like to thank you for choosing our **BLUE LIGHT Male Sexual Massager**. This instrument can bring you happiness and health!



## Operation Manual

- Before using this instrument, please read carefully the operation manual to master correct using methods so that it can serve better.
- In order to be able to safely use this instrument, please read carefully the 'Notice for Use and Safety Notice' on it.
- Keep it properly after reading for the convenience of consultation and reference at any time.

If you are satisfied with the quality our “**BLUE LIGHT Male Sexual Massager**” and feel it is economical, please don't hesitate to recommend it.



## Content

■► Overview.....	01
■► Specific using methods of this Male Sexual Massager.....	02
Operation Method	
Main Sexual Potency Improvement Method	
Assistant Sexual Potency Improvement Method	
Sexual intercourse method	
Sexual intercourse taboos	
■► Male well-being instrument.....	08
Product performance:	
Name of parts (see the following picture)	
Assembly method	
Operation method	
Precautions	
Important	
Technical parameters	

## OVERVIEW

Males' testicles are called ectonephridiums in Chinese medicine and sex glands in western medicine. They are important organs which release male sex hormone, produce sperm and maintain males' sexual functions as well as the organs which develop at the latest stage and age at the earliest stage.

Testicles make males the real males. From the puberty, males' secretion of sex hormone increases gradually which begins to accelerate the growth and development of males' reproductive organs, promote the rapid development of penises and scrotums, helps to enlarges penises. Males' secondary sexual characters appear and become more and more obvious. Boys begin to grow beards; their voice breaks and become lower; their Adam's apples enlarge; and armpit hair and pubic hair become thicker and blacker. Besides, because of the acceleration of such hormone, spermatogenic cells develop into sperms through such different stages as: spermatogenic cells – primary spermatocytes - secondary spermatocytes – spermatids – sperms. It forms a complete sexual nerve feedback system with hypothalamic-pituitary-testicular axis and penis which enable males' sexual potency. Only when the functions of testicles are normal, the masculinity can become more apparent; the sexual desire can keep keen; and sexual potency can be enhanced consequently.

The research of modern medicine indicates that males begin to age when their sexual function involutes. The main reason of males' sexual involution is that the anaplasia of testicles causes the change of pituitary, adrenal gland and sexual functions. The aging and anaplasia of testicular interstitial cells lead to a substantially reducing secretion of male sexual hormone, noticeably declining sexual functions and gradually aging of all human tissues and organs. Therefore, testicles are males' congenital foundation, the source of sexual potency, as well as a guarantee to enhance sexual functions and maintain sound health.

Medical experiments shows that: Frequent and scientific training of testicles can help to accelerate the blood circulation of organs of generation, improve the internal environment of testicles, strengthen their functions of secreting males' sexual hormone and producing sperms, improving the sensitivity of sexual nerve feedback system, repair the damaged cavernous body cells of penis, and recover the expansion function of cavernous body.

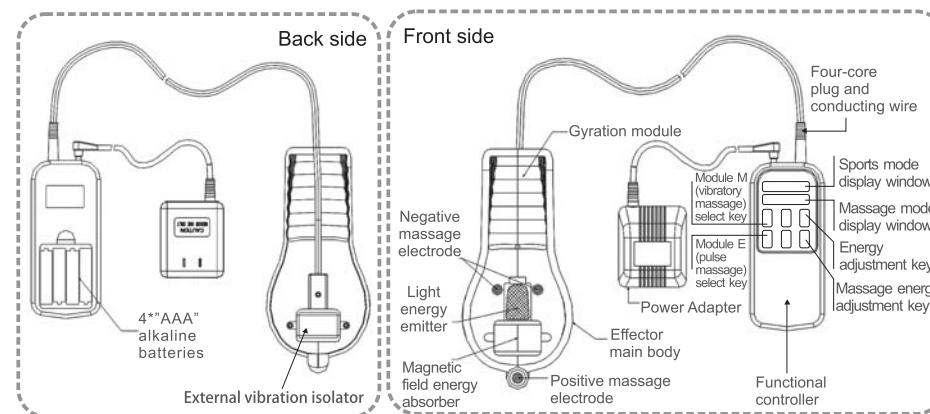


However, for such important organs, males only know to use them for sexual life but seldom train them. They do not know the methods to train them, still less the great importance of training to males. In practice, our ancestors have already summed up a number of professional ways to train sex organs and to keep healthy through sex, among which there are 'steel hardness health care martial arts' of Shaolin, 'kidney reinforcing health care martial arts' of Taoism, and virility promotion and aphrodisiac martial arts. Any person who has practiced such arts not only had their sexual disorder such as impotence and prostermia cured, but also found their sexual potency noticeably improved. What is more, they seldom suffered from disease in their latter life. Their health becomes riotous.

Blue Light Sexual Massager is a high-tech product developed specially for males. It refers to the jin-luo theory in traditional Chinese medicine, and utilizes advanced technology such as modern magnetic resonance, digital technology and low-frequency electronic impulse. Such product exercises and activates the whole testicles and sex organs, dredges meridian, accelerate blood circulation, as well as fully recover and strengthen the functions of testicles so as to achieve the purpose of enhancing males' sexual potency. If it is properly used for body building, kidney boosting, and sexual intercourse, adult females are allowed a modern method and tool for health care and maintenance to make it more scientific, more effective, more convenient, and more secure. It can be used at any time. Only one time investment makes lifelong benefit.

Blue Light Sexual Massager has two functions: 1. It helps to improve the sex potency of males. The minute you use it, you feel a strong a strong sexual drive and your penis becomes much longer and thicker; your sexual potency improves significantly and sexual intercourse is much prolonged. 2. It helps to eliminate disease, build up bodies, and prolong one's life. Generally, it can rapidly improve symptoms such as bad sleep quality, stomach trouble, urinary frequency, and urinary urgency. After using it, the users begin to have a good appetite, sleep sound sleep, have normal excretion, have rapid urine stream; their backs are not sour and their legs are not weak any longer; they are energetic and have keen sexual urge. Long use of it can effectively remove diseases in body parts such as heart, liver, spleen, stomach, lung and prostate especially, helps to keep fit and healthy, and ensure longevity to really achieve the purpose of preserve health through sex.

## Operation Method



**When using this instrument, connect it to a stable alternating current source at the voltage of 220V. Or use batteries only.**

1. Turn on the power switch at the right side of the functional remote.
2. This product has two types of using mode, respectively Module M ( magnetic vibration) and module E (Electronic pulse massage). Module M mainly relies on the vibration of mainframe which massages the contacted body parts when the users' pressure can be released, fatigue can be relieved, blood circulation can be improved and thus pleasant sensation can be felt. Module E mainly relies on the very week electronic impulse released from three black electrodes which stimulates the acupuncture points of contact parts, dredge the meridian passage, and strengthen the functions of kidney.
3. The module procedures can be switched through the processing of module M and module E select keys (four procedures for each). Every press of module key can help to switch different procedures and corresponding indicator lights are on. Module M and Module E can be applied simultaneously.
4. Press "+, -" keys and the movement force of Module M and Module E can be controlled. When they are used in coordination with Module M or Module E, many types of combination modules can be produced.

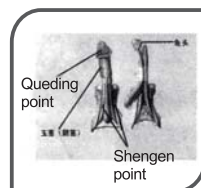
- The instrument stops working after 25 minutes. When it stops, press corresponding module keys so that it can be restarted again. When it is not in use, turn off the power switch so that it can be stopped.

**Before using this instrument, locate the acupuncture points according to the pictures. Then start switch.**

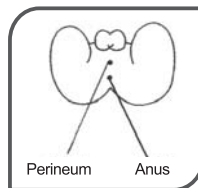
## ■ Main Sexual Potency Improvement Method

Lying in the bed, buckle main body effector on the crotch, put the big pulse points (big black dots) at perineum point, testicle placed in power cabin, penis into the roundabout cabin (gyration module) and two small pulse point (small black dots) at kidney root point (ShenGen point) or two testicles. Fixed with underpants, turn on the power and start the M mode and E mode, choose strength and mode to the most comfort. M mode is the magnetic vibration mode; E mode is the micro electronic pulse mode. Before using the E mode, put some water on the three pulse points (black dots) to make uniform stimulation.

Using 25 minutes one time, it will ensure adequate blood supply to the reproductive organs, increases male hormone, helps to produce sperm, restore nerve sensitivity and increase sexual potency. (see Picture 1 & 2)



Picture 1



Picture 2

## ■ Assistant Sexual Potency Improvement Method

- Hold the "Male Sexual Massager" in the hand with its back upward and turn on the switch. Use the external vibration isolator to rub the left and right testicles up and down for three to five minutes. This helps to invigorate the kidney essence and promoting generation of vital essence.
- Hold the "Male Sexual Massager" in the right hand and hold the penis in the left hand. Put the big pulse point on the same level with Shengen point and rub the pulse point for three to five minutes. Then use another hand and do it on the other side. This has the function of promoting the hyperemia of cavernous body, improve the contractile function of sphincter muscle and enhance the functions of testicles.
- Hold the penis in one hand and hold the "Male Sexual Massager" with the other hand. Rub repeatedly and do pulse along the base of the penis by putting the big pulse electrode point up for three to five minutes (it can also be done with external vibration isolator). This is very effective to cure impotence.
- Wrap the "Male Sexual Massager" with a clean mull. Push the external vibration isolator towards the crotch from the left nipple for 30 times. Then do it from the right nipple for 30 times. This process helps to regulate Qi and activate blood, as well as stimulate the erection of penis.

**The methods above are specially used for the cure of impotence and prostermia. There is no need to practice every day. Twice or three times a week will do.**

## ■ Sexual intercourse method

**This method combines sexual intercourse and health maintenance. It is easy to operate, practical and effective.**

### ■ Before sexual intercourse

1. Get this instrument and stimulate the sexual drive. If this is done by the female, better effects can be achieved. When the blood is activated and the penis erects to the largest extent, the sexual intercourse can be begun.
2. Regulate the breath and slowly begin the sexual intercourse when the heartbeat stabilizes and breath becomes even.

### ■ During sexual intercourse

1. During the process of sexual intercourse, the body movement of body should be gentle and slow. It can not be too hasty or rapid as it impairs the kidney essence.
2. When inhaling, get the penis out of the female's vagina. When exhaling, insert the penis into the female's vagina.
3. The penis should not go too deep into the vagina. If it goes not so deep, it is helpful to the essence. If it is too deep, the kidney can be impaired. It is advisable to repeat the gentle insertion and intercourse process before the climax is reached.
4. Adhere to the principle of 'insert the penis when it is not fully tumid and get the penis out of the vagina before the end of intercourse when it is not in a state of loss of erection'. That is to get the penis out when it becomes harder and harder, and thicker and stronger. Keep the glands at the same level with the female's clitoris, take deep breaths, draw in the abdomen and raise the hip upward, exhale slowly and gradually relax bodies. Take the breath one to twice in this way. When the penis is about to enter into a state of loss of erection, continue the intercourse again. This method helps to stabilize the essence and prolong the intercourse process.

5. During the orgasm, leave half of the penis out. Shut eye, shut mouth and sigh. By doing this, the loss of vitality and the generation of metabolite can be reduced.

### ■ After sexual intercourse

1. Ejaculate fully and wipe the penis. Hold the testicles in the hands. And restore the state of the weak testicles with heating power (this can rapidly recover the normal functions of testicles).
2. Take deep breath for three to five times, hold abdomen and raise the hip upward. In that way, the elasticity and sensitivity of cavernous body, sphincter muscle and sex nerves.
3. Hold the instrument and use it according to the kidney reinforcement method. This can help recover vitality and serves the functions of building up bodies.

## ■ Sexual intercourse taboos

1. It is not suitable to have sex when one or both are ill or have just recovered from illness or in lightening weather.
2. Sexual intercourse can only be begun half an hour after one or two are still full after meals or after one or two relieve themselves.
3. The ejaculation frequency varies with ages. It is recommended to ejaculate once every three days for 30 years old, once every five days for 40, once every seven to ten days for 50, once half a month for 60, once a month for 70. Males can have intercourses during every two times of ejaculation but they should make sure that they do not ejaculate. However, they can ejaculate between two times of ejaculation. But if they do it according to their physical states, it will not cause any harm to the body. Instead, it will keep the males healthy.

**The above-mentioned methods above the essence of sexual intercourse skills which not only helps to increase sexual pleasure, but also control the ejaculation time and prolong intercourse duration so that the loss of energy can be reduced. Males can fully and easily enjoy their sex life if they master such skills.**

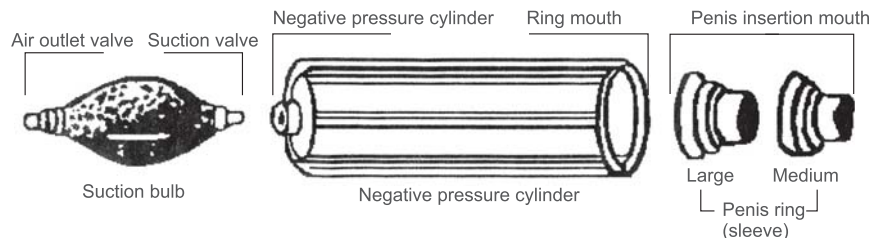
## Male well-being instrument

(Vacuum Extraction Device ---Played an adjutant role)

### ■ Product performance:

Male well-being instrument is a sex product which utilizes the functions of vacuum and negative pressure to enable penis to make concertina physical movement, and to accelerate the hyperemia of cavernous body of penis so that the penis erects and becomes bigger and harder, and then prevents the backflow of venous blood in the penis through the contraction function of penis ring so as to effectively maintain the duration and hardness of the erected penis. This instrument makes possible ideal sexual life for males who suffer from impotency, prosermia, small penis syndrome, sexual function failure, etc.

### ■ Name of parts (see the following picture)



### ■ Assembly method

1. Choose an appropriate penis ring (sleeve) of large & medium .
2. Stretch the selected penis ring until it becomes long and wide; and cover it on the negative pressure cylinder. As some parts of the ring protrude upward while other protrude downward and the tension is uneven on the whole, proper adjustment of it should be made to ensure even tension. The penis insertion opening should be kept in the central position of negative pressure cylinder.
3. Spread a small amount of lubricating fluid onto the penis insertion mouth of penis ring. (Do not include lubricating fluid for international delivery restriction.)
4. Get the suction bulb and insert the suction head (the white one) into the negative pressure cylinder air hole.

### ■ Operation method

Hold the negative pressure cylinder with the left hand and keep the glans of penis at the same position with the penis insertion mouth of penis ring to get it into contact with the mouth and thus allows no air leakage. Then hold the suction bulb with the right hand and pinch and squeeze it repeatedly to produce negative pressure when at this time the penis is sucked into the negative pressure cylinder. With the frequent pinch and squeeze of suction bulb, the penis stretches and erects gradually. When the penis ring reaches the base of the penis, pinch and squeeze the suction bulbs again for twice or three times to enable the penis to fully erect. Then lightly move the ring downward and remove the negative pressure cylinder to let the ring remain at the base of penis. When the penis is still in an ideal state of erection at this time, sexual intercourse can be begun. If the penis only erect for a long time, the ring is too loose. In such case, a small-sided one should be changed before every process is repeated again. When the intercourse ends, gently remove the ring from the wet penis with semen. Clean it thoroughly with clear water for future use. If the penis ring is too tense, it can cut short.

### ■ Precautions

1. When the whole penis is covered in the negative pressure cylinder, finger all the pubic hair towards the base of the penis to avoid the hair from being clamped and thus any body discomfort or pain is caused.
2. After the penis enters the negative pressure cylinder, if the glans of penis touches the cylinder wall and is thus unable to enter, vibrate the negative pressure cylinder lightly with hands to get the penis away from the cylinder wall. Adjust the position of penis again if necessary.
3. When the penis erects and maintains certain hardness, do not pinch or squeeze the suction bulb any more to avoid excessive expansion of penis. It should also be noted that the erection duration of penis is better to be not over 30 min.
4. It is recommended that this instrument is specially used by one individual (not allowing others to use) to ensure hygiene.



5. Any kind of the following persons are forbidden to use this product

- ① males who have phimosis (the foreskin can not be easily overturned to expose the glans penis);
- ② varicocele patients;
- ③ inguinal hernia patients;
- ④ schizophrenia patients;
- ⑤ males who wear heart pacemaker;
- ⑥ patients who are currently suffering from orchitis, glans ulcer, urethritis and Other disease; and
- ⑦ minors and those who assume no legal responsibilities for negligent acts.

## Important

1. It is better for this instrument to be used by the fixed couple to ensure hygiene.
  2. Avoid cleaning this instrument directly with water. Rather, it can be wiped with wet mulls or 75% alcohol for disinfection. Do not try to disassemble it. If there is
  3. any problem with this instrument, contact this company directly. Free maintenance service is provided within one year after purchase.
- During the operation of this instrument, many persons will have their sexual
4. urge aroused and their penis erecting. This is absolutely normal physiological phenomenon.
  5. Persist in using it if you begin and are able to use it. Operate according to scientific methods and it can better serve you.

## Technical parameters

**Rated voltage:** 220V AC external power supply

**Rated current:**  $\leq 250\text{mA}$

**Resonance frequency:** 30Hz~100Hz

**Insulation resistance:** No breakdown for 1min from the inlet port  
4000V Ac to outlet port

**Low-frequency pulse frequency:** 1Hz~600Hz

**Spectral range:** 580~598nm(LED-yellow)

